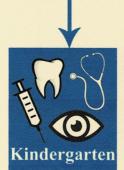
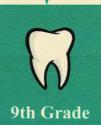
# **HEALTH REQUIREMENTS**





3rd Grade

# 7th Grade







#### **Immunizations**

Prior to the first day of school. Kindergarten students should have the following: DtaP- 5 doses (one after age 4) Polio-4 doses (one after age 4) MMR- 2 doses Hepatitis B- 3 doses Varicella- 2 doses

#### **Dental Screening**

Kindergarten students are required to have a dental screening prior to the start of the school year. This must be done by a dentist, dental hygenist or trained medical staff. It is valid from one year prior to 4 months after enrollment date.

#### **Lead Screening**

A blood lead test is required prior to the first day of Kindergarten.

#### **Vision Screening**

lowa law requires all students entering Kindergarten to have a vision screening done no earlier than 1 year before the start of Kindergarten. It can be done at the doctor's office or by an Optometrist. (eye doctor)

## **Health Physical**

A physical exam is recommended and should be completed by your health care provider prior to the beginning of school.

# Vision Screening

A vison screening is required for students entering 3rd grade. It can be done one year prior and no later than 6 months after the start of school. It can be provided by your healthcare provider, an ophthalmologist, optometrist, or trained individual or community group. A Vision Screening Certificate needs to be returned to the

#### Immunization Requirement

All Students entering 7th grade are required to have both a Meningococcal vaccine and Tdap (Tetanus, Diphtheria, and Pertussis/whooping cough) booster before starting school in the fall. Pertussis is a very contagious disease that causes violent coughing episodes that make it hard to breathe. Meningococcal disease is a life threatening illness caused by bacteria that infects the brain, blood and spinal cord. It easily spreads in crowded settings. This vaccine will be required prior to both the 7th and 12th arades.

# **Dental Screening**

9th Grade students are required to have a dental screening prior to the start of the school year. This must be done by a dentist or dental hygenist. It is valid from one year prior to 4 months after enrollment date.

## Immunization Requirement

Students entering 12th grade are required to have a Meningococcal vaccine before entering school in the fall. Meningococcal disease is a life threatening illness caused by bacteria that infects the brain, blood and spinal cord. It easily spreads in crowded settings and typically affects older teens and young adults.

## **Sports Physical**

Iowa High School Athletic Association requires Students in 7th-12th grades to have a current physcial to particiapate in school based sports. It must be signed by the healthcare provider and the parents. It is valid for 13 months from the date of the physical.

#### Concussion Form

All student athletes and their parents are required to read and sign a Concussion Sheet prior to partication of any sport. It is valid one year from signing.

\*\*\*Dental and Vision Forms are available from the school nurse.

\*\*\*Sports Physicals and Concussion Forms can be found under activities-forms.



HEALTHY KIDS MAKE BETTER LEARNERS