

Local Wellness Policy Progress Report

School Name: Glidden-Ralston

Wellness Policy Contact: Trisha Bock

Date Completed: March 2022

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

Nutrition Education and Promotion Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. EXAMPLE: <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i>	Lindsey Klocke (Curriculum Director)	x			Nutrition education is part of the science curriculum in each grade level.	Update activities to include most current research.
2.						
3.						

Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Provide PE that is taught by a certified teacher, includes all grades PK-12, includes students with disabilities.	Lindsey Klocke (Curriculum Director)	x				
2. Provides 90 minutes per week in	Lindsey	x				

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elementary and 3600 minutes annually in secondary with 50% of that time being vigorous activity	Klocke (Curriculum Director)					

Other School Based Activities Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. Support parents efforts to provide a healthy diet and daily physical activity	Trisha Bock (school nurse)	x				Provide more take home materials
2. Support staff efforts to maintain a healthy lifestyle	Trisha Bock (school nurse)	x				Look for ways to provide group activities for staff

Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1.Meet all guidelines of the national hot lunch program.	Chad Chaney (Head cook)	x				
2. Will schedule meal times to meet the needs of all students and staff to have adequate time.	Kyli Ware (authorized rep)	x				

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Will make every effort to minimize and social stigma with free and reduced recipients by eliminating any overt identification of those eligible.						

Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.

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1. Food and beverages provided will meet the nutrition standards required by state and federal law	Kreg Lensch	x				
2. Snacks, rewards and celebrations will be encouraged to fall within the guidelines of those same requirements	Kreg Lensch	x				

Polices for Food and Beverage Marketing

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1. We do not currently market food or beverages	Kreg Lensch	x				
2.						

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This institution is an equal opportunity provider.